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We will contact you privately to verify the information.



**American Red Cross**  
of Dutchess County

in partnership with

Your Community. Your Newspaper.  
**Poughkeepsie Journal**

We're Proud to help recognize and honor courageous individuals within our communities.  
For more information visit [poughkeepsiejournal.com](http://poughkeepsiejournal.com)

## NOMINATION RULES AND GUIDELINES

- Please complete and return the attached nomination form, along with a write-up (either on the form or a one-page statement) about your nominee, to the American Red Cross of Dutchess County. Use the essay to tell a compelling story about why your nominee should be selected as a Hometown Hero.
- Nomination forms must be received at the American Red Cross of Dutchess County, 103 Hooker Ave., Poughkeepsie, NY 12601 or online, [www.poughkeepsiejournal.com](http://www.poughkeepsiejournal.com) by close of business April 15, 2004. Nomination forms and write-up become the property of the Red Cross and will not be returned.
- The Hometown Heroes Judging Committee will be comprised of civic volunteers and community leaders; this group will select the Hero Award winners. All nominations will be verified by a representative from the American Red Cross of Dutchess County.
- Nominees must live, work, or go to school in Dutchess County, at West Point or be a resident stationed elsewhere.
- Nominees must be available for promotional events and be able to attend the "Salute to Hometown Heroes" Awards Dinner on June 4, 2004. The American Red Cross of Dutchess County will host each winner and a guest at the awards dinner.
- All Hometown Heroes must sign release forms granting the Red Cross unlimited permission to use, publish and republish information about them and their likeness.
- While many heroes exhibit lifelong heroic behavior, nominees must have performed the act(s) for which they are to be recognized within calendar year 2003 or prior to April 1, 2004.

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**American Red Cross**  
of Dutchess County  
103 Hooker Avenue  
Poughkeepsie, NY 12601



**COURAGE**  
makes ordinary people heroes  
and heroes ordinary people.

**2004**

**AMERICAN RED CROSS**  
DUTCHESS COUNTY CHAPTER



**HOMETOWN HEROES**